



The Poona Gujarati Kelavani Mandal's

HARIBHAI V. DESAI COLLEGE

of Arts, Science & Commerce (Autonomous)

Affiliated to Savitribai Phule Pune University
(Linguistic Minority Institution) AICTE NO. : 1-44457797714
ID No.: PU / PN / ASC / 057/ (1984)
NAAC Grade B++ (2.86 CGPA) ■ AISHE CODE : C-41829

Principal:

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Restructured Syllabus (CBCS Pattern as per NEP 2020)

To be implemented from Academic Year: 2024-25

Faculty	Anvay Aher
Program	Foundations of Psychology
Class	FYBA

Semester	Course Code	Type of Course	Course Title	Theory/ Practical	Credits	No. of clock hours per week
1	PSY 101 TH	Compulsory	Foundations of Psychology	Theory	4	3

Course Objectives:

- 1) To develop a strong foundation of advanced psychological theories aligned with the graduation and honours program.
- 2) To help the students to gain the comprehensive understanding of behavioural skills.
- 3) To bridge the gap between Psychology and other social science subjects with interdisciplinary and multidisciplinary nature.
- 4) To create awareness among the students about interrelations between psychology and society.

Course Outcomes:

CO1: Explain the scientific nature, goals, and perspectives of psychology, and describe its major fields and applications.

• **CO2: Identify and evaluate research methods used in psychology, including observation, experimental, survey, and case study techniques.**

• **CO3: Analyze the processes of sensation, perception, learning, and memory, and apply theories such as classical and operant conditioning to real-life scenarios.**

- **CO4: Evaluate different theories of forgetting and discuss how memory processes are influenced by cognitive models.**
- **CO5: Describe the biological perspective, including neuroanatomy, brain functions, genetics, and their role in behavior and mental disorders.**
- **CO6: Define personality, critically analyze major theories of personality, and evaluate methods of personality assessment such as interviews and projective techniques.**

Unit	Title and Contents	No. of lectures in Clock Hours
1	Introduction to Psychology: 1.1 Psychology: Science and Goals, Perspectives of Psychology, 1.2 Fields of Psychology 1.3 Research methods in Psychology: Observation, Experimental, Survey and Case Study	15
2	Basic Cognitive processes: 2.1 Sensation and Perception, nature of perception, laws of perceptual organization 2.2 Learning – Classical and Operant conditioning, observational learning 2.3 Memory – processes, information processing model(s) 2.4 Forgetting: Theories of forgetting.	15
3	Biological Perspective: 1.1: Introduction to the Biological Perspective 1.2: Neuroanatomy and Brain Function 1.3: Genetics and Behaviour 1.4 : Biological Basis of Mental Disorders	15
4	Personality:	15

	2.1 Personality: Definition, Nature and Misconceptions 2.2 Theories of Personality 2.3 Measurement of Personality: Interviews, Self-Report Questionnaires, Projective Techniques	
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